

## **System of play for 9 a side**

At U11, players are still young to run a full field, so soccer at 9 came as a migration between soccer at 7 and soccer at 11.

A good game system for stage U11 and U12 is 1-3-3-2

There is a goalkeeper, three defenders, three midfielders and two attackers.

As with soccer at 11, we have three lines of well-balanced players.

The three midfielders are the pillars of the animation, they will support the two attackers and return quickly to assist the three defenders when our team will lose the ball.

The 1-3-3-2 is a good preparation for the 1-4-4-2 (11 a side)